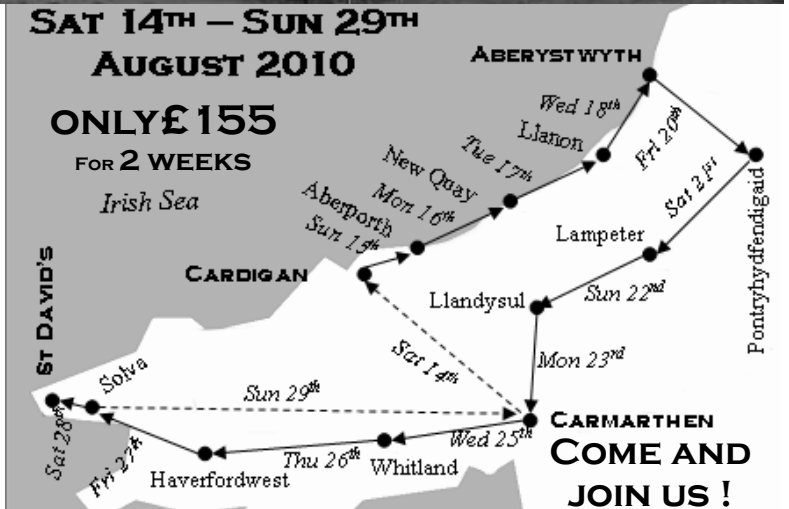




Each summer the Diocese of Arundel and Brighton organises an ecumenical walk to a place, shrine or area exploring a particular theme or aspect of our faith and Christian heritage. What we rediscover, year after year, is the amazing personal and community value of going on a pilgrimage as our medieval forebears did, where the journey, walking, laughing, sharing, praying, singing, etc. is as important as the destination. We stop at a pub for lunch and sleep on the floors of church, school or community halls. We try to walk on footpaths not roads.

Our 2010 Pilgrimage takes us to Wales, from the Shrine of Our Lady of the Taper at Cardigan, via the Ceredigion Coast and Carmarthen to the ancient Cathedral city of St David's. We will follow a theme linking St David and Our Lady to our modern lives.



Every day we worship together as a Christian community, not only journeying together, but also growing together in Christ-centred friendships. We stop to pray in the churches we pass, many of which are of architectural and historical interest, and all of which bring us into contact with the communities we are passing through.

**REQUIREMENTS:** All you have to be is over 15 (or accompanied by an adult) and be fit enough to walk an average of about 16 miles per day at a moderate pace — and a sense of humour is useful.



**TRANSPORT:** Our luggage is carried by van. A coach will take us from Carmarthen to Cardigan and from Solva back to Carmarthen, linking to the main-line rail network. Coach £3.50 each way.

**COST:** The cost is only £155 for the whole way (£120 for under 21's), 7+ nights at £14 per night, 1 to 6 nights at £15 per night. Breakfast, sandwiches for lunch and an evening meal are all included in the cost of the pilgrimage, which is organised by past pilgrims on a voluntary basis.



**CLOSING DATE FOR APPLICATIONS:** 30<sup>th</sup> June 2010, or when all places taken (*accommodation may be limited—don't leave it too late! Send £25 deposit to secure a place.*)  
**N.B.** All accommodation must be booked and paid for in advance.

For more info / application form contact :  
The Booking Secretary,  
Monica McLauchlan, 20 South Avenue,  
Brighton, BN2 0BP  
(01273 680025  
or visit  
[www.thepilgrims.org.uk](http://www.thepilgrims.org.uk)

**STILL NOT SURE?** Visit our web site diaries and see what it's really like!

I wish to book for the whole pilgrimage £155 (£120 if under 21)  Please tick  
Or the nights of August: 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 Please circle  
£15 per night for 6 nights or less or £14 per night for 7 or more nights.

Please make all cheques payable to:  
The Diocese of Arundel & Brighton  
Ecumenical Walking Pilgrimages.

I am unable to stay overnight but please mail me details  Please tick - contribution towards postage appreciated.

Name:..... Denomination..... Age: .....  
Address: .....  
.....Post code: ..... Tel: .....  
E-mail address:.....

If under 18 a parent or guardian must sign here: .....Print Name:.....

I enclose a non-returnable £25 deposit  Signature: ..... Date: .....

New pilgrim? How did you find out about us: poster  website  another pilgrim  (name).....